

Women's Self-defense Workshop



w/ **Professor Carol Park**

**Monday, February 26, 2024
12 PM to 3 PM**

Learn methods of self-protection techniques with CINC's very own, Professor Carol Park!.

Be sure to wear proper attire for this event, including comfortable clothes and suitable shoes.

Register at StudentSuccess@CINCollege.org



**PS COD Campus
1300 E. Baristo Rd.**

For more information, call 760-834-1395